

TOBACCO USE AND INTERVENTION POLICY ELEMENTS FOR HEALTH AGENCIES

- 1** The program respects the right of staff and clients to use tobacco.
- 2** The program recognizes the harms to self and others by the use of tobacco.
- 3** No combustible tobacco products may be used on the premises and individuals who wish to smoke must do so in designated areas.
- 4** Staff will provide accommodation, e.g., designated time, place and transport (if needed) for those clients who wish to smoke.
- 5** The program shall advertise and announce their interest in helping individuals think about their tobacco use and that they are interested in helping individuals consider change.
- 6** Health and/or other program assessments shall include a routine inventory of all clients' tobacco use.
- 7** Staff will ask permission of those clients who do smoke if they would like to discuss their smoking.
- 8** Staff will use motivational interviewing strategies to both assess and nurture an interest in change.
- 9** For those clients who express an interest in change, they will be offered a service or referral to an outside service that includes choice of strategy, e.g., cessation, reduction, conventional NRTs, medications or alternative nicotine devices. This service includes ongoing support, coaching and counseling to help an individual clarify and achieve their goal.